

Business Partnership

Working together to see children restored
from life altering experiences.

TRC

Restoring Children



Introduction to the TRC

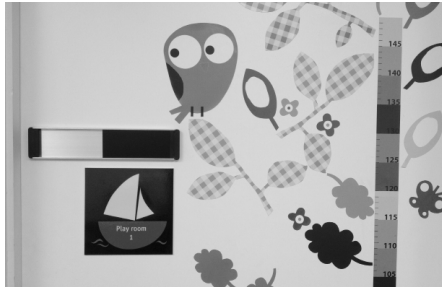
“One in eight (12.8%) children and young people aged between five and 19 has a diagnosable mental health condition. The prevalence of 5-15 year olds experiencing emotional disorders (including anxiety and depression) has increased by 48% - from 3.9% in 2004 to 5.8% in 2017. Nearly a quarter (22.4%) of young women aged 17-19 has an emotional disorder. Only a quarter (25.2%) of 5-19 year olds with a mental health condition had contact with mental health services. 1 in 5 young people aged 16-24 experience a mental illness such as anxiety or depression at any one time. 35% of women and 19% men aged 16-24 reported suicidal thoughts in the last mental health survey.”

The TRC Therapy Centre provides trauma recovery focused creative therapy for children, young people, and a therapeutic trauma recovery parenting group to support their parents/carers, in order to help the whole family process their traumatic experience, so that their trauma symptoms are reduced in their daily lives. We are able to work with families and see them transform as they recover from the trauma. The children and young people become more able to focus on things that they should be focusing on rather than expending energy on survival methods.

The Treehouse Project is our specialist provision for children and young people and their carers who have been rescued from human trafficking. We have a team of people who are trained in providing therapeutic aftercare as well as a mentoring team.

The Oaks Creative Education Centre is a provision for those children and young people who struggle with mainstream school. They may be seen as children and young people who are defiant, non engaging or phobic.

The TRC Training Centre underpins the three projects to ensure a constant provision of excellent training for all our teams and other professionals from key experts in trauma recovery in the UK.



Bringing hope and restoration

We are excited to offer you this opportunity to partner and work together with us to see local children and young people restored from trauma. We are passionate about helping children and young people recover from the effects of traumatic experiences so that they can move forward into functional, fruitful, healthy lifestyles. We know that when people do not take the time to process and work through difficult experiences these can have long term effects on relationships, employment, mental health, behaviours and can even lead to the next generation being affected. We want to be part of changing that and we need your help to do it. We are a team of qualified professionals who are responding to the challenge of seeing a community transformed.



A black and white photograph of tall grasses, possibly a field or meadow, with the word "hope" overlaid in a gold, cursive font. The grasses are in the foreground, and the background is a blurred landscape with trees and a bright sky. The word "hope" is centered horizontally and vertically, with a slight shadow effect behind it.

hope

Becoming a Business Partner

By supporting the projects of the TRC, your business will be fighting for children and young people and their families to recover from the effects of trauma.

Partnering with the TRC is a great way to bring your business together to support an important cause, as we actively seek to work with like minded organisations who understand the importance of what we do. Employee fundraising and charitable partnership can help unite all company departments as well as boost staff morale and job satisfaction.

We offer three sponsorship opportunities for organisations and companies who would like to stand alongside the Trauma Recovery Centre and its work.

Year long sponsorships for Bronze, Silver and Gold partnerships are available:



£1,000



£2,000





£5,000+

We believe that business partnerships are not a “you give and we take” relationship. Therefore with each partnership, there are opportunities for your business to benefit.

Sponsorship Opportunities

We create a bespoke package for our business partners following a discussion with their business.

 All levels of partnership will include receipt of the TRC logo for your website to showcase your giving; client stories of hope and recovery (anonymised to protect our client identities) and regular updates of our charity news and an opportunity to visit the TRC HQ for a tour.

 Partnering as a silver or a gold member will lead to further discussion of how TRC can best partner with you to benefit your organisation.

Free training for staff - to be negotiated

If you would like to become a TRC Business Partner or you would like more information, please email admin@trc-uk.org

‘On behalf of Wiltshire Local Authority, can I thank you and your team for all your sterling work that you have done with our student. This is a girl who, twelve months ago, was at a crisis point in her life. She was self-harming, had threatened to take her own life and had little hope for the future.



I have been immensely impressed by the hard work, care and dedication of your team at Oakside. To represent Wiltshire LA at her annual review and hear how she has got her life back on track, how she is engaging in education and how much she is looking forward to starting college was a rare and welcome privilege.’ Education Officer, Wiltshire Council

Best Practice

As a charity we value our policies and procedures and believe they are key for good and safe practise. Copies of our policies are available for your information and include our vital safeguarding policies.

Our staff team are trained, qualified and experienced therapists or teachers. We also have a number of therapists and teachers who are undergoing training. You are welcome to see their qualification certificates.

Every team member is DBS checked and trained in child protection and safeguarding (internal and external training is compulsory). Every member of our team has to have the appropriate number of hours in clinical supervision, according to their level of training, from trained supervisors who are approved from their regulating bodies.

Over 50% of the children and young people referred to us have experienced multiple traumas in their life time. Over 15% of our clients are referred to us due to them having suffered sexual abuse, and over 35% have been affected by domestic violence. We specialise in working with complex trauma and work with refugees, victims of human trafficking and child sexual exploitation.

We regularly evaluate the parents' experience of the service provided by the TRC and this has found the parents and carers to be overwhelmingly positive and grateful.

“Inside each child there is a story that needs to be told - a story that no-one else has yet had time to listen to” Winnicott (1984)

James' Story

Finding the TRC and being able to access therapy and support from the highly skilled and experienced team has been an absolute life-line. Even on a very basic level, the fact that James* has been able to have regular contact with adults who he has been able to trust in completely has been amazing.

It has been massively important too, how positively and warmly both the therapist and parent support worker have been towards James and who he is and wants to be as this has helped build his confidence and self esteem from a point where it had been at rock bottom.

The creative therapy has also provided a safe and fun space (which is very important to James - to have fun!) for him to explore thoughts and memories that are overwhelming and very painful.

The therapy has begun to teach James and create a 'habit' of saying out-loud what his thoughts and feelings are, especially when they seem to him to be really scary and threaten to overwhelm him.

The other aspect of support from the parent support worker, has given us practical ways of being able to support James and also helped me and my husband have greater insight into how trauma is affecting James' responses to things and his behaviour.

*Client's real name was not used in the story. Some details have been changed to protect the client's identity.

“I honestly think two angels were sent to us because before you came, we were all alone and had no idea what to do and how to get through this. We couldn’t have gone on without your support. Thank you for rescuing me and my daughter. Thank you from the bottom of my heart” Stephanie’s Mum



partner

A black and white photograph of tree branches with leaves, partially obscured by the word 'partner' in a yellow, italicized serif font. The background is a light, textured grey.

We would like to Partner with the TRC Charity 1141659

Partnership:



Bronze (£1,000)



Silver (£2,000)



Gold (£5,000+)

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Email admin@trc-uk.org to let us know if you would like to:

- book an appointment to have a tour of the centre and/or chat about becoming a business partner
- support the TRC by giving a single payment or regular donation

You can also make a donation via the Donate button on our website at www.trc-uk.org

If you are giving in your capacity as an individual please ask us how you can maximize your donation with gift aid. If you would like more information email admin@trc-uk.org. Thank you for your support!



restore

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Trauma Recovery Centre



www.trc-uk.org



admin@trc-uk.org

finance@trc-uk.org





We really appreciate your support.

THANK YOU

"All that's required for evil to prevail is for good men to do nothing" Edward Burke.

**The TRC is a registered trademark.
The TRC is a registered charity 1141659
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